

St Laurence Church Infant School

PSHE and PSED Policy



Approved by: Curriculum, Safeguarding and
Pupil Welfare Committee

Last revised on: July 2023

Next review due by: July 2026



As a Rights Respecting Silver Aware School, our PSHE curriculum enables our children to learn about themselves and the world around them. By embedding our school rules; to be Ready, Respectful and Safe, our children are equipped with the behaviours they need to be successful learners. Our PSHE jingle reminds children that PSHE "is all about you and it's also about me". Through PSHE, we remind our children that they are rights holders who are unique and special, with an important role to play in our school community.

Our children told us:

PSHE is about personal education. We learn how to keep safe and about Buddy. In PSHE we can think about our lives. We can talk about what we like and learn about families. We want to read more books that we don't know and learn songs like the pants song.

(Buddy is part of our Safeguarding policy based on the NSPCC's guidance 'Speak Out Stay Safe')

Intent

Why do we teach PSED/PSHE?

At St Laurence Church Infant School PSED (in Reception) and PSHE (in Years 1 and 2) permeates the school curriculum at all levels. Within an inclusive, positive, nurturing ethos children are taught values, attitudes and skills both implicitly and explicitly that will help them live in and strive to develop a happy, peaceful and fair world.

The National Curriculum requires that 'all schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice'.

PSHE education also contributes to schools' statutory duties detailed in the Education Act 2002 to: *promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life.*

- DfE Guidance, 11 September 2013

As of September 2020 the relationships and health aspects of PSHE education is compulsory in all schools as outlined in statutory guidance, referred to as RSE. *Further information can be found in the Relationships Education Policy (2022).*

The teaching of PSED/PSHE is also informed by the following school policies:

- *Safeguarding and Child Protection policy (2022)*

Everyone to learn and grow with God

- *Anti-bullying and Harassment policy (2022)*
- *Behaviour regulation policy (2021)*
- *Collective worship policy (2021)*
- *Curriculum policy (2020)*
- *Early Years Foundation Stage Policy (2022)*
- *Learning and Teaching policy (2020)*
- *E-Safety policy (2020)*

Our PSED/PSHE Curriculum is designed to develop five core characteristics in our pupils, which we believe will lay the foundations for them to be lifelong learners and good global citizens. These curriculum drivers are:



Our aims in teaching PSED/PSHE at St Laurence Church Infant School help all children to...

- **Feel part of a Community** by:
 - Understanding that we are a caring, compassionate community where we are all learning
 - That we are all valued by our uniqueness which we can explore in ourselves and others
 - Learning about rights, choices and responsibilities that we have in school and in our community
 - Working as part of a team
- **Be Creative** by:
 - Recalling and applying knowledge creatively and relating to our experiences
 - Understanding more about ourselves and the world around us
- **Develop Curiosity** by:
 - Learning how to formulate questions
 - Evaluating social norms
 - Learning about difference
- **Communicate confidently** by:
 - Developing critical thinking as part of decision-making
 - Understanding that we all have a voice and the right to be listened to.
 - Acknowledging our responsibility to listen to others
 - Developing our interpersonal skills and life-long participation
- **Care for ourselves, others and our world** by:
 - Learning the values of respect, love and care - and respecting the views of others
 - Learning to manage emotions and relationships confidently and sensitively
 - Developing self-respect, empathy for others and how to regulate our behaviour
 - Managing conflict
 - Learning how to stay safe, including online

Everyone to learn and grow with God

- How to have a healthy lifestyle, including healthy eating and dental hygiene
- Developing physically, mentally, socially and spiritually
- Building resilience

PSSED/PSHE at St Laurence Infant School includes the teaching of:

- **intrapersonal skills** (the internal behaviours and skills we use to express emotion, cope with challenge and learn information)
- and **interpersonal skills** (the skills to communicate effectively and interact well with others).

These are skills which are continually built up from Reception to Year Two.

Implementation

How we teach PSHE

The PSHE curriculum builds on the teaching of Personal, Social and Emotional Development (PSED) in Reception. Children in Year One and Two continue to build upon the skills they learnt in the Early Years Foundation Stage. Children are supported to:

- develop strong and happy relationships
- keep themselves safe and healthy in school, at home, online and in the wider world
- develop a sense of self-worth and respect for others
- learn about a diverse and ever changing world
- build the resilience and understanding to make well informed and safe choices.
- see the importance of equality
- understand their rights which are universal, inalienable and unconditional

Staff use the PSHE Jingle at the beginning of each lesson along with the visual timetable icon to support children to understand *what* PSHE is. This helps them articulate what PSHE is like at St Laurence Church Infant School.

PSHE Jingle: *(To the tune of Sing a Song of Sixpence)*

*Today we will learn about PSHE,
It's all about you and it's also about me,
Working together with friends and family,
Showing respect and eating healthily.*

*Learning all about the ways that we can grow,
Following the rules wherever we go,
Recognising privacy and staying nice and safe,
When we are online and when we're face to face.*



In the Early Years Foundation Stage, PSED is divided into three early learning goals:

- Self-regulation
- Managing self
- Building Relationships

For further information, refer to Early Years Foundation Stage Policy (2022)

In Key Stage One, PSHE is taught across three core themes which are revisited and built on when the children get to Year Two.

These are:

- Relationships
- Living in the wider world
- Health and wellbeing

These themes are informed by the PSHE Association. This approach allows year groups to work on similar themes at the same time, building a spiral curriculum which can be revisited according to the needs of the class. RSE is included within the themes. *Further information can be found in the Relationships Education Policy (2022) and Curriculum Policy (2020).*

How we teach PSED in EYFS

In the Early Years Foundation Stage (EYFS), PSED is an integral part of all aspects of learning. It is an essential area of learning which needs to be embedded throughout the children's daily interactions and play. PSED also relates to a child's communication and language, physical development, and understanding of the world. Children take part in a focussed PSED learning session once a week, with flexibility for class teachers to adapt or change the PSED lesson in response to the needs of the class.

How we teach PSHE in KS1

In KS1, PSHE is taught following the learning objectives outlined by the PSHE Association. The spiral curriculum set out by the PSHE Association ensures there is progression in the knowledge, skills and vocabulary used by the teachers and children. PSHE is taught once a week. Some of the learning sessions offer up material as a discrete unit while others are interwoven with curriculum areas.

How we ensure all children access the PSHE curriculum

Every pupil is entitled to a balanced and broad curriculum in which they are encouraged to pursue high individual achievement. It is the responsibility of all school staff to enable children to have the best possible opportunities to learn and become the best they can be.

Teachers are encouraged to pursue the needs of their class when teaching PSHE, acknowledging areas which might be difficult for children or relating to topics which may arise naturally in the classroom e.g. opportunities to learn how to share, how to communicate, how to be a good friend.

How we assess PSHE

The personal nature of PSHE means that it cannot be assessed in the same way as most other subjects. It is, however, possible to recognise progress in knowledge, understanding and skill progression which PSHE strives to develop.

The PSHE Association refers to the end of Key Stage statements provided by the DfE which teachers can use to inform lesson delivery. In EYFS, PSED is reported as part of the Early Learning Goals.

Floor books, photographs and gallery boards are used throughout our school to support children's understanding and memory about what they have learnt in PSED/PSHE.

How is the teaching and learning of PSHE monitored?

The subject lead has discussions with class teachers about the delivery of PSHE in classrooms. They can then provide support with lesson planning and teaching. Where possible, pupils are interviewed to gain understanding about their views towards PSHE. This has influenced the PSHE Jingle we now use in the classroom as previously children found it difficult to explain what PSHE was. Feedback from any monitoring then informs future plans and adaptations to suit the developing learning needs of our children.

Impact

Our school is committed to providing a welcoming and positive environment where all may feel valued and included. As the PSED/PSHE curriculum evolves, our school has the highest expectations for each child, aiming for them to grow and leave us with the spirit of compassion, justice and hope.

The intrapersonal skills and interpersonal skills gained through the PSHE curriculum at St Laurence Church Infant School ensures all children are able to feel part of a **Community**, Be **Creative**, Develop **Curiosity**, **Communicate** confidently and **Care** for ourselves, others and our world.

Review

This Policy will be reviewed within the next 3 years or before if there are any changes to the PSHE curriculum.