St Laurence Church Infant School

Behaviour Regulation Policy including Written Statement of Behaviour Principles



Approved by: Last revised on: Next review due by: November 2025

Full Governing Board November 2024



As a rights respecting school, our behaviour regulation policy upholds children's rights to be ready to learn, have their views respected and be safe from violence and harm.

"What does the Lord require of you? To act justly, to love mercy and to walk humbly with your God." (Micah 6:8)

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." (Ephesians 4:32)

Introduction

As a Christian school, we follow the teaching and the example of Jesus as our guide for living. Our behaviour regulation policy must be just, merciful and rooted in forgiveness. In our safe and happy school community, children learn self-control, tolerance and co-operation, taking personal responsibility for regulating their own behaviour by understanding the consequences for others when they are not regulated.

We aim to create a nurturing environment where exemplary behaviour enables everyone to feel secure and respected. Through a consistent approach to managing behaviour, the children in our school grow and mature, both spiritually and morally, so that they can become responsible members of society. Our vision is for "Love of Learning, Life and Each Other." Children learn through the story of the Good Samaritan (Luke 25-37) how to show love for our neighbours, how discrimination and being a bystander is wrong and how showing kindness can heal hurt. The teaching "Do unto others as you would have them do unto you." (Matthew 7:12) is also key in our understanding of restorative justice.

This policy outlines the underlying philosophy, purpose, nature, organisation and management of pupil behaviour at St Laurence Church Infant School. It is the

result of consultation with pupils, parents, governors and staff and reflects current and developing practice within the school. The fair and consistent implementation of our Behaviour Policy is everyone's responsibility.

Key Premises

- We value every individual as part of the school community and of God's family.
- Behaviour can change and every child can be successful.
- Understanding each child's needs, their stage of development and their individual circumstances helps us to act in the fairest way possible for that child, at that moment.
- The most important aspect in children feeling valued, safe and secure is the sense of connection with the member of staff. For most children this can be achieved by simple acknowledgement of the child and the child having the knowledge that you have them in your mind, care about them as a person and care about what they are doing.
- We believe that all behaviour is a form of communication and so our approach should be curious to, and empathetic of the underlying emotions.

"Thinking of a child as behaving badly disposes you to think of punishment. Thinking of a child as struggling to handle something difficult encourages you to help them through their distress." The Gottman Institute

- We apply attachment aware approaches in our everyday practice, with a particular focus on the central principles of empathy, connection, attunement, trust and co-regulation.
- We understand that children cannot successfully self-regulate their emotions unless they have experienced and internalised co-regulation (i.e. an adult tuning-in and empathising with them thus 'containing' - sharing, supporting and carrying their emotional state).

"When little people are overwhelmed by big emotions, it's our job to share our calm, not join their chaos." L.R. Knost

• Clear structures of predictable outcomes can be applied consistently and help children to feel safe.

- Positive, targeted praise is more likely to change behaviour than blaming and punishing.
- Good behaviour should be recognised sincerely rather than just rewarded. This reinforcement helps children to feel good about themselves which increases their self-esteem enabling them to achieve even more.

Aims

- To encourage a positive, calm and purposeful atmosphere where everyone can live well together and learn and grow with God.
- To ensure a <u>consistent</u> and calm approach across the whole school and at all times of day and a consistent use of language for managing behaviour.
- To ensure that agreed boundaries of acceptable behaviour are clearly understood by all pupils, staff and parents.
- To ensure that all adults take responsibility for behaviour.
- To promote the use of restorative approaches in place of punishments.
- To promote pupils' self-esteem by providing an effective system of rewards and praising effort in both work and behaviour.

Expectations

School Rules

Our school rules are simple and memorable:

- Be ready
- Be respectful
- Be safe

They are displayed in the classrooms and around school and are modelled by all members of the school community. These rules are broad enough to apply in every situation and therefore other rule-like instructions should always be couched in terms of the school rules e.g. "We don't run in the corridor because that is not being safe."

High expectations of behaviour are established through staff's active management.

"The standard (behaviour) you ignore is the behaviour you accept." (David Morrison)

When any one staff member addresses behaviour that falls below acceptable standards, they are reinforcing the culture of good behaviour in the school and supporting their colleagues.

All adults have a role in actively developing excellent behaviour:

- Identify the behaviour we expect
- Explicitly teach behaviour
- Model the behaviour we are expecting
- Practise behaviour
- Notice excellent behaviour
- Create conditions for excellent behaviour

As a school community, through the taught curriculum as well as during all other opportunities, children are taught:

- The school rules and how they apply to boundaries of acceptable behaviour.
- That their words and actions have consequences for themselves and others.
- To recognise, understand and respond to their feelings and emotions in a healthy and productive way.
- Specific social and collaborative skills e.g. sharing equipment, taking turns, listening to each other, how to address people politely, etc.
- How to respond to behaviour from others which they find unacceptable.

Visible Adult Consistencies

These are the visible behaviours exhibited by staff which children can rely upon to be demonstrated consistently. Through these consistencies, adults will build respectful relationships with pupils.

- Children are greeted at the door daily by their teacher and/or teaching assistant. This enables everyone to start the day positively and with a smile.
- Members of the Leadership Team greet children and parents at the entrance or in other areas of the school.

- Staff will be calm, consistent and fair in their treatment of children, parents and colleagues.
- Adults in school do not shout at children or become emotionally charged. They will model self-control through their calm approach and will deal with individuals fairly.
- Staff will 'pay first attention to the best conduct' and will endeavour to catch children 'doing the right thing' in order to praise and recognise desired behaviours. This encourages children to be role models and makes expectations on behaviour clear for all.

Relentless Routines

Consistent routines and vocabulary around the whole of school help children to feel safe and know what is expected from them. The Classroom Handbook explains the relentless routines in more detail but some examples are:

Consistent Routine	Notes
Greeting children each day "Good morning"	Staff should greet children at the door of the classroom each morning and say a genuine "good morning" to show the child they are welcome and wanted at school.
Self Registering Emotions. "How are you feeling today?"	(See Emotional Literacy) Children are encouraged to position their named peg on the colour monster to describe how they are feeling.
Toddy?	Children know if they are not "happy" or "calm" that the teacher or teaching assistant will have a conversation with them that day to discuss their feelings.
	Children should not be forced to identify an emotion publicly if they do not wish to, but can instead use the adult's own smaller prompt cards to point (Appendix B)
Gaining Attention "Show me Five"	All classrooms have a "Show me Five" hand (Appendix A) on display and all staff wear one on their lanyards. All classrooms have a set of hand

	bells. To gain attention adults ring the bells then
	say "stop (pause for stopping) and show me five"
	When staff hold the hand up and use the phrase
	"Show me Five" Children are expected to show
	five ready to learn behaviours:
	 Eyes looking
	Ears listening
	Mouth quiet
	Body still
	 Hands to yourself
	Staff may ask "Who is ready to learn? Bob is
	showing me Five, thank you Bob, Sarah is showing
	me Five, thank you Sarah etc." until everyone is
	ready to listen. Adults will not address the group
	until everyone is "showing five".
	The 5 aspects of "show me five" are chunked into
	one phrase to reduce cognitive load for children and adults.
Gaining help	Each room in school and each member of staff
"Take the help hand to	has a red "help hand" which they can send with a
find another grown-up"	responsible child when they need urgent
	assistance from another adult for any reason (for
	example a medical emergency, a serious behaviour
	incident)
	Children should be trained to know that if they are asked to take the help hand they go to the
	nearest staff member they can find and wave the
	hand so that the adult sees it, even if that would
	normally be rude or interrupting. Staff know that
	the help hand means come urgently.
Travelling around school	Children travel around school "wonderfully" by
"Wonderful Walking"	walking. this looks like:
	 a single file line, (one behind the other"
	following the person in front
	 hands by sides,
	 eyes forward

	 body quiet staying to the right-hand side of the corridor.
	The phrase "Wonderful Walking" can be used in a tone of praise or as a reminder. The 5 aspects of "wonderful walking" are chunked into one phrase to reduce cognitive load for children and adults.
Other Classroom Routines	The Classroom Handbook goes into more detail about other consistent routines in school.
	The children should be clear on the routines and be able to articulate them. Other staff members who work with the class such as Lunchtime Supervisors and Sports Coaches should know the routines which are pertinent to their role. Class teachers have a responsibility to share the particular routines of their own class.

Emotional Literacy

Each class reads the story of "The Colour Monster" by Anna Llenas at the start of each year, and as many times additionally as needed to embed. The shared language and imagery from the story scaffolds children's' ability to name and understand their emotions.

Each classroom has an emotional self-registration area, where children can identify the emotion they are currently feeling using the images from the story. Additional work on emotional literacy and resilience is included in the PHSE curriculum, in one core text of the reading spine, worship and at other times as needed. Staff should take opportunities to discuss the feelings, behaviours and emotions of characters when reading stories and how they link to our values and school rules.

Taking ownership of solving problems

We encourage children through explicit teaching to take ownership for resolving everyday disputes between peers. This means that they do not need to approach an adult unless their attempts to solve themselves have not worked. Children are given scripts they can use to negotiate the social situations that arise day to day in school for example:

"Please can we share.." The other child may not know that you want a particular toy unless you have told them, so making eye contact and saying "Please can we share." lets them know (There is also a discussion that sharing sometimes looks like making sure everyone has the same amount and sometimes looks like taking it in turns.)

"Stop it I don't like it." we understand that children have different likes and dislikes, but young children with developing theory of mind do not always realise that others do not like the same things as them, or are not enjoying something they are doing (for example some children enjoy chasing games and others do not). Children are taught that if someone says or does something they don't like, the other person may not be aware of this feeling so they should make it clear by saying "Stop it I don't like it." in a loud clear voice holding their hand in front of them palm forwards.

Through discussion of "treat your neighbour as yourself" we learn that we need to respect these scripts when our peers use them.

When children's behaviour is good

Children will be recognised for their good behaviour. Children should usually be praised publicly and reprimanded in private. However at times we recognise that public praise may also have negative effects and knowledge of the individual child and their circumstances will guide staff's approach.

At St Laurence we have carefully thought about all the types of public positive recognition that are used in order to maximise the positive impact for all pupils and minimise any potential negative associations. We ensure that systems are not based on control through bribery or over use of rewards.

Adult Approaches to Praise			
Form of Praise	Purpose	What it looks like	Key notes
Use of children's	To celebrate the child.	Reading out a child's work, sharing on the board	Be mindful not to use the same

work as an example	To help promote learning.		children all the time.
			All children have work displayed on their personal gallery board.
Saying "Thank You"	To give feedback on good behaviour. To celebrate the child. To promote those good behaviours in others (if public).	Specific feedback: Bob, your reading is super because you are using lovely expression. Thank you.	This should be said earnestly and used often. This can be public or private depending on the needs of the
		Sarah you are carrying the scissors pointing downwards - that is <u>being safe</u> - Thank you.	individual. If praise is for behaviour, link to which of the 3 school rules is shown.
Stickers	To give instant recognition for learning or behaviour.	Member of staff gives sticker to child and explains specifically why, try to help child identify the feeling of pride they have to link the intrinsic pride with the extrinsic sticker. Sheets of gold star stickers are available from the main office.	Be mindful that it is not the same children all the time being given stickers. This should not be over-used, children should not come to expect a sticker.
Text message home	Celebrates the child, recognises when children have done more than expected or showed consistently	Text message sent home explaining the specific way the child has gone above and beyond.	A good way of sharing successes when a child has been finding things harder.

	excellent		
	behaviour.		
	Reinforcement		
	from home and		
	promoting the		
	home school link.		
Amazing	To celebrate child	Weekly worship	Each child should
Attitude	with whole school.	where positive	have one
Award		attitudes to learning	certificate a year.
	To reinforce the	and behaviour are	A list is kept to
	message of the	shared (usually 1	ensure each child
	attitudes we seek	child per class each	is celebrated.
	in school.	week) The behaviour	
		shown is explicitly	
		explained to help	
		reinforce this	
		behaviour in others	
Star Jar	To celebrate	Each class has a well	To use liberally to
Star	collective good	displayed "star jar"	promote
	behaviour of the	which the class	collaboration.
	whole class e.g.	collaborates to	Do not use to
	lining up, co-	collect stars to fill.	identify an
	operation in a	The adult adds one	individual who has
	lesson, everyone	star to the class jar	"stopped" the
	putting the best	and explains	class getting a
	effort into their	specifically why.	star or as a
	writing, behaviour	Headteacher looks at	consequence "we
	on a trip etc.	star jar when visiting	can't have a star
	•	classrooms - a treat	now because"
	To create a sense	from a list drawn up	This is because
	of collaboration	by the class is earned	blame creates
	within the class.	each half term by	more shame which
		filling the jar with	lowers self
		stars.	esteem.
Superstar	An aspirational	Staff send or take	This is an
Wristband	award available to	child to headteacher	exceptional reward
	any child, even if	or deputy	for beating your
	they don't always	headteacher who will	own best: staff
	get things right:	ask them about why	should be mindful
	To celebrate an	they have come and	it is not the same
	instance of effort	help them to identify	

	or behaviour which is beyond the norm for the individual child.	proud feelings before giving a special wristband.	children being sent regularly.
Super Shining Star	An aspirational award to recognise publicly the children who nearly always do the right thing.	Each half term one or two children from each class are nominated for a metal star pin badge which can be worn at all times in recognition that they could be awarded a star sticker almost every day for their exceptional behaviour.	Bronze in Reception, Silver in Year One, Gold in Year Two. Staff will know those children wearing a metal star can be relied upon for important jobs, and setting examples.

Rewards are also given for excellent attendance and end of year sports awards for teamwork, sports-person-ship, attainment and effort in PE

When behaviour does not meet the standards we expect:

What behaviour is unacceptable?

Any behaviour that is not ready, respectful and safe is unacceptable behaviour.

Minor incidents might include:

- Talking at inappropriate times
- Mistreating school or other property eg. mishandling books, dropping litter, wasting or not taking care of resources
- Not lining up properly
- Distracting other pupils
- General behaviour around the school building e.g. running in the corridor

More serious incidents might include:

- Any prejudice based comments e.g. Racist/Homophobic/Transphobic/ Religious/Ageist / Gender based comments*
- Physical incidents of any kind e.g. punching, kicking, pushing, rough play etc.

- Deliberately causing upset to someone else e.g. unkind comments, excluding from a game etc.
- Defiance after a reasonable request has been specifically directed at the individual by an adult
- Bullying or Peer on Peer abuse (see Anti-Bullying & Harassment Policy)
- The same minor incident occurring repeatedly

*All incidents of a racist, homophobic or transphobic nature, or involving gender discrimination, are treated seriously and are dealt with according to the age, understanding and the nature of the incident.

Individual Needs

No one behaviour system will work for every child as each child is unique and has their own needs and circumstances. (see section on "children requiring an individualised approach"

Some children in our school will be following an individualised approach to supporting their behaviour regulation. This will have been created with the SENCO, class teacher, child and parents.

The individual approach will be communicated to other adults working with the child (e.g. lunchtime supervisors, sports coaches, wraparound care) by the class teacher, or in their absence (for example when a supply teacher covers the class) the SENCO or another member of SLT.

Children who need individualised approaches or reasonable adaptations will have a document outlining the approach adults should take. These are available for relevant staff to access in the class black confidential folder in the classroom stock cupboard.

When children are following an agreed approach to meet their individual needs, a consistency of this approach is needed and care should be taken to avoid the individual approach appearing to other children as a reward for poor behaviour.

Conversations to support behaviour

Conversations around poor behaviour should happen in private to reduce counterproductive shame on children. Behaviour is discussed, following a script, in terms of how it does not follow the school rules of be ready, be respectful, be safe; and how it is impacting on others. The conversation should be about the behaviour rather than being made personal to the child so that the child knows they are still loved and cared for.

Adults should remember that the aim of the conversation is for the adult to offer support to the child to improve their behaviour, not to punish the child.

Conversations to support behaviour would be with the adult who was supervising the child at the time of the behaviour- whether this be the class teacher, teaching assistant or lunchtime supervisor. This demonstrates to children that all adults are equally responsible for supporting behaviour regulation.

Scripted Stepped Approach

For use when children show minor incidents of poor behaviour.

The support for poor behaviour follows a stepped approach of:

- 1. Reminder
- 2. Wondering Warning
- 3. Reparative Response (putting it right and/or thinking time)

Adults should base their conversations around these scripts which ensure consistency in language and predictability for pupils which, in turn, results in all children being treated fairly:

Stepped Approach Support Scripts

Staff should always use a measured, gentle approach; referring to the child by name; lowering themselves to the child's physical level; making eye contact; delivering the required message; and then leaving the conversation to allow the child 'take up time.'

Adults should not be drawn into and/or respond to any secondary behaviour, which children sometimes use as a distraction from the initial behaviour or to escalate the situation further.

Before Step One:	
	Quiet word:
Approaches to	 "Is everything okay Bob?" (listen to response!)
make connections,	

promote emotional literacy and give encouragement (non-scripted)	 "Bob we're all listening at the moment, thank you for keeping your lips quiet and showing me five" (Stern tone)"Wonderful Walking" (pleased tone)"Thank you Bob"
	 Drawing Attention to impact of behaviour (accidental or otherwise) on others: "Can you see that Sarah is crying - I wonder how she is feeling? I wonder what made her feel that way? I wonder what we could do to help Sarah feel better?"
	Re-direction: • "Bob, come and have a go at this activity with me."
	 Distraction: "Bob please take this note to the office for me."
Step One: Reminder	 (Name) I noticed you chose to (state the noticed behaviour). This is a REMINDER that we need to Be (state relevant rule: Ready, Respectful, Safe). Thank you for listening. (Walk away to give the child 'take up time' and DO NOT respond.) Example - 'Bob, I notice that you're talking when you should be writing. This is a reminder to follow our school
	rule of being ready. Please work quietly. Thank you for listening.'
Step Two: Wondering Warning	 (Name) I noticed you chose to (state the noticed behaviour) I'm wondering if (why you think they are showing that behaviour) This is a WARNING because it is the second time I have had to come and speak to you

	 Do you remember when (remind of time of previous good behaviour)? That is the behaviour I expect from you. I know that you can make good choices. Thank you for listening. (Give child 'take up time' and DO NOT respond.)
	Example: Bob, 'I have noticed you are still talking when you should be writing. I'm wondering if you're finding it tricky today because you're sitting by your friend? This is a warning because you are still breaking the school rule of being ready. Do you remember that yesterday you started your work straight away and got it finished? That is what I need to see today. Thank you for listening.'
	 (Name) I noticed you chose to (state the noticed behaviour). State impact on others of behaviour You are breaking the school rule of (state rule) You need to put this right by (see below for examples of appropriate reparative responses) Thank you for listening
Step Three: Reparative Response	Example - 'Bob, I have noticed you chose to keep talking. You are stopping the other children on the table from doing their work. You are breaking the school rule of being ready. You will have to put this right by working at playtime to do the 2 minutes you have wasted.
	The reparative response may need to be to go to another classroom or adult for thinking time in order to give space away from the environment to calm down and return with a fresh start.
	After returning, the child may need to put things right e.g. by using a 4 part apology and by cleaning up a mess they have made, or finishing work missed.

For <u>serious incidents</u> of behaviour, such as those listed above, a swift response may be needed to keep everyone safe.

If it is felt the behaviour is deliberate and a reminder and warning is not necessary or if the behaviour is harmful and needs to be stopped immediately; steps one and two may be missed and the child may be sent or taken for thinking time (step 3) straight away.

The reparative response will still be used on the child's return.

If the behaviour is of a serious and deliberate nature, particularly any which involve assault on a staff member or any prejudice based abuse (such as racism) SLT will be informed as soon as reasonably possible and will contact the child's parent or carer to discuss.

Reparative Responses

Staff may use the lanyard card with reparative questions (Appendix C) to aid the conversation

- The conversation needs to make it clear that unacceptable behaviour affects others and the school community
- avoid being applied to a whole group for the activities of individuals
- be consistently applied by all staff to help to ensure that children and staff feel supported and secure at all times.
- be in proportion to the offence.
- be a way to repair the damage done by the behaviour

Incident	Reparative Response
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Incident against another person	 Show the person that has been affected by the child's action that they are sorry verbal apology, written card/picture, an action taken to show remorse. In conversation with the child they should be able to explain that they are sorry and that they understand the impact their actions had on the other person.
Child being disruptive in lesson time	 Child is told they cannot use that area of provision where they are being disruptive Child remains inside during break time to complete any work missed or to have a discussion with teacher about how child and adult can work together to make sure this does not happen in the next session.
Child being rough /	• Child stands for a short time by an adult to
disruptive on playground	watch how other children are doing the right thing.
Incident relating to	A natural reparation e.g.
damage to property	tidy any mess madeclean writing off desk
A particular activity	A measure to help that time be successful e.g.
which has been causing	 reduced time,
issues e.g. football at	 increased supervision,
break time	 choosing a different activity.

Restorative Conversations

Following incidents of poor behaviour, it is imperative that the adult who initially dealt with the behaviour (supported by a colleague or a member of SLT if appropriate) should conduct a restorative conversation with the pupil.

This will help to ensure that the relationship between adult and pupil remains positive but also teaches the child to evaluate and reflect on their behaviour. The questions used will depend on the age and individual needs of the pupil.

- 1. What happened? (use neutral, dispassionate language.)
- 2. How were you feeling at the time?
- 3. Who has been hurt/upset/affected?
- 4. What did you do / should we do to put things right?

5. What shall we do next time so that this doesn't happen again?

*Remember that it is not the severity of the sanction that is important; it is the certainty that this follow up will take place.

Once the restorative conversation has been engaged in and any reparative consequence has been completed, it is a <u>fresh start</u> for the child.

Dysregulated Behaviour

If a child has become dysregulated, the stepped approach will not work as the child has "flipped their lid" (Daniel Siegel) and are in "flight or fight" mode and not able to use their rational, logical, language understanding brain parts. In this case emotion coaching is used to help calm the child before any conversations around behaviour can be had:

All staff members carry emotion coaching visual prompt cards and script (Appendix B).

If a child's behaviour is becoming dysregulated, the familiar visual cues and scripted language is used to help co-regulate their emotions and choose a more appropriate way to handle the situation they are finding difficult.

Offer of space to cool off:

Example: Bob you seem to be finding things really difficult right now what will help you to keep calm?

- Sit in a quiet space
- Calm down box
- Work in another classroom

Emotion Coaching

"Emotion coaching builds a power base that is an emotional bond – this creates a safe haven, a place of trust, a place of respect, a place of acceptance, a sense of self. This in turn leads to children and young people giving back respect and acceptance of boundaries" (Rose and Gus, 2017). Staff may wish to use the prompt cards (Appendix B) to support use of the script below:

1. Recognise and name the emotion

"I wonder if you're feeling angry?"

2. Validate and empathise

"Everyone feels angry sometimes, I would feel angry if someone had taken the ball I wanted too."

3. Set limits

"Even though you're angry, its not okay to hit someone because it hurts them and our school rule says we should be respectful."

4. Problem Solve

(What was the child trying to achieve? What would be a more productive way to respond?

"Next time you're angry at someone taking your ball, what shall we do instead?

Once the child is calm again, a follow up restorative conversation using questions (see below) should take place.

Once the restorative conversation has been engaged in and any reparative consequence has been completed, it is a fresh start for the child.

Involvement of Parents

We work in partnership with parents to help children become confident at regulating their own behaviour. Parents want to know how their child behaves at school and this should be communicated to them by the classroom teacher. Formal opportunities for this are through parents' evenings and end of year reports but parents should be involved in an ongoing way.

Parents should understand that unless we communicate otherwise, their child is behaving well and meeting our expectations. They are welcome to open a conversation about behaviour, by having an informal chat with teachers at the beginning or end of the day, or asking for a phone call.

Parents are informed when their child's behaviour has been consistently good or a particularly excellent by seeing stickers, wristbands and receiving text messages so that they can celebrate this with their child. Parents are invited to join our Amazing Attitude Award Assembly in worship on Mondays and are notified if their child will be presented with an award.

Similarly parents need to know if their child has not met the expectations so they can discuss with their child what went wrong and how they can avoid a similar situation again. When notifying parents of poor behaviour, talking to parents at the end of the day can often be embarrassing for the child and family. Where problems have arisen, teachers should communicate with parents through email or by a phone call. They should record the behaviour and the conversation on MyConcern.

Where a behaviour incident is of a serious and deliberate nature, particularly any which involve assault on a staff member or any prejudice based abuse (such as racism) a member of SLT will contact the child's parent or carer to discuss this with them.

Children needing an individualised approach

We understand that for some children, following our behaviour expectations are beyond their current developmental level and that some may exhibit particular behaviours based on early childhood experiences, family circumstances or their special educational needs. They may display more serious or a persistent failure to meet the expectations of behaviour.

Although behaviourist approaches can work for the majority of children, we acknowledge that they are not successful with all. This is especially true for those who have experienced Adverse Childhood Experiences (ACEs) - traumatic life experiences that occur before the age of 18. For children who have experienced trauma and loss, including vulnerable groups such as Looked After Children (LAC) and Post Looked After Children (Post-LAC), and individualised approach may need to be taken.

Where there are serious concerns about a child's social, emotional and mental health, teachers will speak to parents and the SENCO will be informed.

Working with parents and the class teacher, the SENCO will create an Individual Behaviour Plan, One Page Profile or Emotional First Aid Plan, depending on the needs of the child.

With parental permission, outside agencies may also be involved in advising staff and assessing and supporting the child. These may include the Educational Psychologist and/or a behavioural support consultant.

As a school, we recognise that children's behaviour is their way of communicating their emotions. When dealing with an episode of extreme behaviour, a child may need physical intervention from staff for their own safety or the safety of others. Please refer to the Care and Control Policy for full details.

<u>ACES</u>

Some ways which we can supporting children who have experienced trauma are:

In the classroom:

Routines and predictability – visual timetables, now and next, explained changes.

Self-regulation resources - fidget items, breathing techniques etc.

Exit strategies in place – allowing for removal from overwhelming or overstimulating circumstances.

Signs and signals – a way for a child to communicate their feelings without verbalising.

Focus on the positives – lots of praise for doing the right thing, encouragement and reassurance.

Alternative discipline – not a one size fits all policy which can re-traumatise. Remain non-judgemental – remain neutral and calm. Do not take their behaviour personally.

Around School:

Provide a safe space - somewhere to talk, self-regulate and avoid becoming overwhelmed.

Adapt transitions - allow students to move around before/after their peers, avoid triggers.

Buddies or supporting adults - pair students up, support for triggering times.

A whole-school approach to resilience - focus on all staff, teaching children strategies.

Team up with parents - share approaches and messages, get parents on your side on a united front for all children.

Avoid sensory overload – neutral calm classrooms and corridors, clear rules for transitions.

Teach children about PTSD - talk about trauma, and help children to understand what is happening.

Suspension and Permanent Exclusion

If a child seriously or persistently breaches this behaviour policy, or if allowing the pupil to remain in school would seriously harm the education or welfare of others, the headteacher may decide to suspend or exclude the child. A child may be suspended internally or from school for a fixed period. In the most serious cases, a child may be permanently excluded, although this step is a last resort and is extremely rare.

Exclusions are reported to the Governing Board and to the Local Authority.

Before deciding whether to suspend or exclude a pupil, the headteacher will consider all the relevant facts and evidence, including whether the incident(s) leading to the exclusion were provoked, allow the child to give their version of events and consider if the pupil has special educational needs (SEN).

Please refer to Department for Education statutory guidance: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/at tachment_data/file/1181584/Suspension_and_permanent_exclusion_guidance_s eptember_23.pdf

Application and scope of this policy

This Behaviour Regulation Policy is applicable to our entire school community and will only be effective if everyone is empowered to use it with confidence and consistency.

Equal Opportunities

This policy will be applied equitably to all children irrespective of ethnicity, gender, religion, or special educational needs.

Monitoring and Review

The Leadership Team will monitor the application of the policy within school. Records will be kept in order to evaluate any impact of the changes brought about by the policy.

All concerned parties will be kept informed of any review and action that will need to be taken. The Governing Board receives reports on behaviour in school and is responsible for approval of reviews to this policy.





Appendix B: Colour Monster Emotion Coaching Cards

Appendix C: Colour Monster Emotional Literacy Prompt with Restorative Justice Prompts on reverse



Appendix D: written statement of behaviour principles

- Every pupil understands they have the right to feel safe, valued and respected, and to be able to learn free from the disruption of others
- All pupils, staff and visitors are free from any form of discrimination
- Staff and volunteers set an excellent example to pupils at all times
- Rewards, sanctions and reasonable force are used consistently by staff, in line with the behaviour regulation policy
- The behaviour policy is understood by pupils and staff
- The exclusions policy explains that exclusions will only be used as a last resort, and outlines the processes involved in suspensions and exclusions
- Pupils are helped to take responsibility for their actions and put things right by making a reparative response
- Families are involved in behaviour incidents to foster good relationships between the school and pupils' home life

The Governing Board also emphasises that violence or threatening behaviour will not be tolerated in any circumstances.

This written statement of behaviour principles is reviewed and approved by the full Governing Board annually.