



ST LAURENCE CHURCH
Infant School



My Keeping Safe Book

Child-Friendly Safeguarding Policy

2026-27

Feeling safe and happy at school

At St Laurence Church Infant School, we do all things with love.

Because we love you, we want to make sure that you feel looked after, safe and happy when you are at school and when you are not at school.

The grown-ups at school all work together to make sure that this is happening.

We need your help too. Sometimes we don't know if something bad is happening, so you need to tell us.



This book looks at safeguarding and helps you to know how stay safe and happy.

We can help you by:

- Helping you to spot problems
- Helping you know your rights
- Showing you where you can get help
- Teaching you what to do if you or someone else feels worried or not safe.
- Making sure you know who the grown-ups are that you can speak to.



Is someone bullying you?



Bullying is where children are mean or unkind to each other.

They might be hurt or left out.

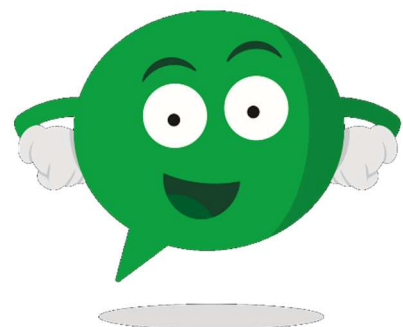
They might be called names face to face on phones or online.

It usually happens more than once.

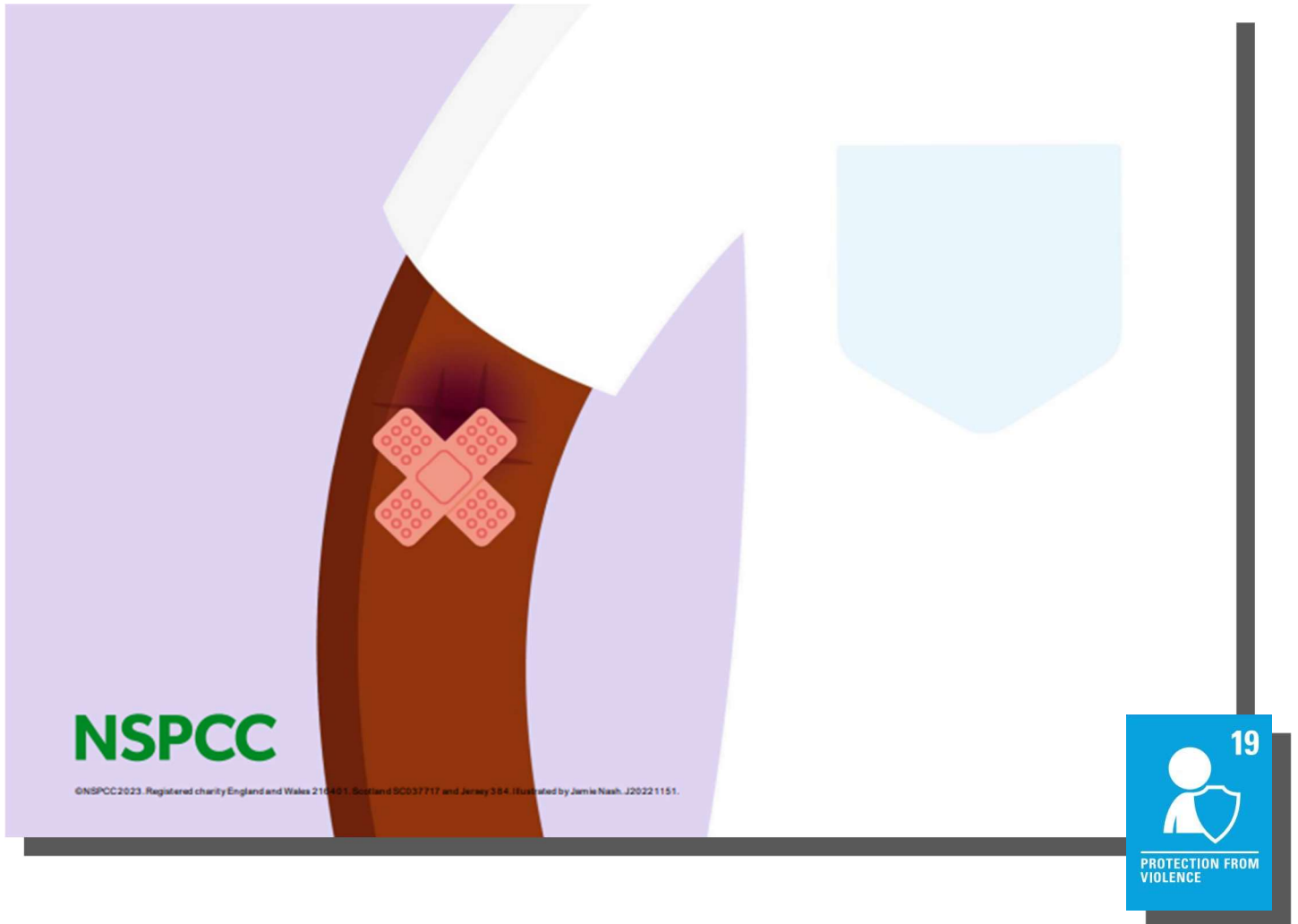
If you feel that you are being bullied ...

Do NOT keep it a secret!

Speak Out and Stay Safe!



Has someone hurt your body?



Sometimes someone might hurt a child. They might hit, punch or kick them or hurt them in another way.

They might have left marks like cuts or bruises.

They should not do this. You have a right to be safe.

If someone isn't respecting your right to be safe ...

Do NOT keep it a secret!

Speak out and stay safe.



Privates not being private



Your private parts are covered by your pants.

Sometimes people may want children to do things with their body which might make them feel uncomfortable or unsure. Sometimes this involves the private parts of the body.

Someone might not give you privacy. They might ask to see your pants or what is under your pants or want to show you their pants or what is under their pants.

This could happen at home, at school or online.

If someone isn't respecting your right to privacy...

Do NOT keep it a secret!

Speak Out and Stay Safe!



Has someone hurt your feelings?



This could be someone calling you names or making you feel like you can't ever get it right.

This could be seeing or hearing grown-ups argue or hurt each other which makes you feel worried

It might happen at school, at home, or online. This doesn't leave a mark that can be seen but it hurts on the inside. You might feel sad or angry or mixed up.

If someone is hurting your feelings...

Do NOT keep it a secret!

Speak Out and Stay Safe!



Not looking after you properly



Some children are not looked after properly.

Maybe they are left at their home all alone.

Maybe they have to look after smaller children

Maybe they don't have enough food or clothes to keep them warm.

If you are not being looked after properly...

Do NOT keep it a secret!

Speak out and stay safe.



Is someone giving you things you shouldn't have?



If someone asks you to:

- Have medicine you don't need.
- To smoke or vape.
- To drink something and you do not know what it is.
- Use something dangerous like a knife

These things could make you poorly and will harm your health.

Do NOT eat, drink, smoke or use what they are giving you.

Speak out and stay safe.



What to do if you don't feel safe at school or at home



Speak out and Stay safe

Always remember that it is not your fault and you are never alone. You shouldn't be scared to talk to someone. If you talk to a grown-up, we can help put things right.

The first thing you should do is **tell a grown-up that you trust**. This could be a family member or someone at school.

At school, you can talk to:

- Mrs Smith, Mrs Desogus, Mrs Evans, Mrs Passenger or Mr Heslop
- A teacher
- An adult in your classroom
- An adult who helps you at break time or lunchtime
- Any adult in school

You can put your peg on buddy to show you want to **Speak out and stay safe**

You can phone Childline to speak to a safe grown-up . Their phone number is:

0800 1 1 1 1

If things don't get better straight away, keep speaking out until something gets better.

The grown-ups with a special job at school to keep you safe

All the grown-ups at school are here to keep you safe.

Some grown-ups have a special job to make sure everyone is safe at school and home.

These grown-ups are...



Mr Heslop



Mrs Evans



Mrs Desogus



Mrs Passenger



Mrs Smith

They:

- Listen carefully to worries
- Always try their best to sort out problems
- Talk to families when needed
- Know how to get extra help for your family if they need it.



How Can You Stay Safe?



We can all help each other to stay safe at St Laurence Church Infant School by:

- Following our school rules: **Be Ready, Be Respectful., Be Safe,**
- Follow our vision by **doing all things with love.**
- Following the message of **The Good Samaritan** by being kind to your friends and being kind to people who aren't your friends.
- Helping each other when we feel sad, worried or scared.
- Thinking about other people's feelings before we say or do something.
- Using our assertive phrase "**Stop it I don't like it**" to let others know we don't like something and respecting when others say this to us.
- **Speak out and stay safe** by talking to a trusted adult when we are worried or unsure.

How Does Our School Keep You Safe?

There are lots of ways we keep everyone safe at St Laurence Church Infant School.

- All staff are trained to help keep children safe.
- You will always have an adult you can talk to if you are worried.
- We have assemblies and lessons so you understand what is safe, what is not safe, and how to protect yourself.

You can also talk to Childline if you would like:



You can phone Childline to speak to a safe grown-up. Their phone number is:

0800 1 1 1 1

At St Laurence Church Infant School, your safety always comes first.